



## ***Up to half of trans-identified children show disordered eating.***

In an analysis [1] of research conducted in 2022-23, 20-50% of children expressing a “trans” identity reported engaging in some form of disordered eating. More than 30% screened positive for eating disorder symptoms, and up to 12% had received an eating disorder diagnosis.

### REFERENCES

[1] Keski-Rahkonen A. Eating disorders in transgender and gender diverse people: characteristics, assessment, and management. *Current Opinion in Psychiatry*. 2023 Nov 1;36(6):412-418. doi: 10.1097/YCO.0000000000000902. Epub 2023 Aug 29. PMID: 37781981.