



STATS FOR
GENDER.ORG

People taking cross-sex hormones may be at risk of certain ocular problems.

A small study [1] of patients at one ophthalmology clinic found that female patients taking testosterone seemed to be at risk of idiopathic intracranial hypertension (IIH), while male patients taking estrogen were more likely to experience chorioretinal conditions (chorioretinitis and central serous chorioretinopathy.) Causality could not be demonstrated and prevalence could not be estimated.

REFERENCES

[1] Nieves-Ríos C, Pulido JS, Thornton S, Dunn JP, Procopio RA, Oliver AL, Lee D, Edwards R, Sergott RC, Moster ML. Instances of ocular findings in transgender patients undergoing hormonal therapy. *American Journal of Ophthalmology Case Reports*. 2023 Nov 28;32:101965. doi: 10.1016/j.ajoc.2023.101965. PMID: 38077787; PMCID: PMC10701352.