



STATS FOR
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“Gender questioning” adolescents may have very high rates of disordered eating.

In a cross-sectional study [1] of 660 Australian adolescents described as “trans,” “non-binary” and “gender questioning,” adolescents who reported feeling unsure about their “gender identity” had the highest rates of nearly all symptoms of anorexia and bulimia.

REFERENCES

[1] Kerr JA, Paine J, Thrower E, Hoq M, Mollica C, Sawyer SM, Azzopardi PS, Pang KC. Prevalence of Eating Disorder Symptoms in Transgender and Gender Diverse Adolescents Presenting for Gender-Affirming Care. *Journal of Adolescent Health*. 2024 Apr;74(4):850-853. doi: 10.1016/j.jadohealth.2023.11.396. Epub 2024 Jan 9. PMID: 38206224.