



STATS FOR
GENDER.ORG

Nearly a quarter of adolescents seeking “gender-affirming care” report symptoms of anorexia.

In a cross-sectional study [1] of 660 Australian adolescents described as “trans,” “non-binary” and “gender questioning,” 23.9% reported symptoms of anorexia. Prevalence of disordered eating was more common in female patients than in male, regardless of whether they identified as trans or non-binary.

REFERENCES

[1] Kerr JA, Paine J, Thrower E, Hoq M, Mollica C, Sawyer SM, Azzopardi PS, Pang KC. Prevalence of Eating Disorder Symptoms in Transgender and Gender Diverse Adolescents Presenting for Gender-Affirming Care. *Journal of Adolescent Health*. 2024 Apr;74(4):850-853. doi: 10.1016/j.jadohealth.2023.11.396. Epub 2024 Jan 9. PMID: 38206224.