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More than 80% of trans-identified young people experienced depressive mood, and more than half had considered suicide.

In a national quantitative cross-sectional survey [1] of more than 25,000 “LGBQ” people, aged between 13 and 24 years, in the U.S., 82% reported experiencing depressive mood. 54% said they had seriously considered suicide, and 28% reported attempting suicide, in the last 12 months. Across all groups, females were more likely to experience depression, suicidality and attempted suicide than males. Participants with “trans” and “non-binary” identities were about twice as likely to report depressive mood and having considered suicide, and about one and a half times as likely to report a suicide attempt.

REFERENCES

[1] Price-Feeney, Myeshia et al., Understanding the Mental Health of Transgender and Nonbinary Youth, *Journal of Adolescent Health*, Volume 66, Issue 6, 684 - 690