



STATS FOR
GENDER.ORG

Cross-sex hormone treatment is stopped within four years by up to a third of patients.

In a study [1] of the medical and pharmaceutical records of spouses and children of American military personnel, only 70.2% of those who started cross-sex hormone treatment continued the treatment after four years. Rates were lower for females taking male hormones (64.4%) than for males taking female hormones (81.0%).

REFERENCES

[1] Christina M Roberts, David A Klein, Terry A Adirim, Natasha A Schvey, Elizabeth Hisle Gorman, Continuation of Gender-affirming Hormones Among Transgender Adolescents and Adults, *The Journal of Clinical Endocrinology & Metabolism*, Volume 107, Issue 9, September 2022, Pages e3937–e3943, [h ps://doi.org/10.1210/clinem/dgac251](https://doi.org/10.1210/clinem/dgac251)