There is a significant co-occurrence of gender dysphoria and autism spectrum disorder diagnoses.

In their 2023 meta-analysis, Kallitsounaki and Williams [1] found that 11% of individuals with gender dysphoria also have a diagnosis of autism spectrum disorder, indicating a significant overlap. The analysis also showed a statistically significant difference in ASD traits between those with gender dysphoria and control groups. Furthermore, the authors noted the rising number of publications on this overlap.

Kahn et al.'s 2023 study [2] involved an extensive analysis of 919,898 youths, revealing that 0.05% had diagnoses of both ASD and GD. However, the odds of being diagnosed with gender dysphoria were three times higher for youths with an ASD diagnosis compared to those without. The probability of having a GD diagnosis was 0.019 for those with ASD, compared to 0.006 for those without, illustrating a significantly heightened likelihood of co-occurrence.

REFERENCES
