



In one peer-reviewed study of 100 detransitioners, 76% did not inform their clinicians that they had detransitioned.

The majority (55%) felt they did not receive an adequate evaluation from a doctor or mental health professional before starting their transition.^[1]

38% believed that their gender dysphoria was caused by something specific such as trauma, abuse, or a mental health condition.^[1]

REFERENCES

^[1] Littman L. (2021). Individuals Treated for Gender Dysphoria with Medical and/or Surgical Transition Who Subsequently Detransitioned: A Survey of 100 Detransitioners. Archives of sexual behavior, 50(8), 3353–3369.[\[Link\]](#)

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