



---

*One study of detransitioners found that a large proportion of them believed, in hindsight, that they were suffering from internalized homophobia.*

---

A study of 100 detransitioners [1] found that homophobia or difficulty accepting themselves as lesbian, gay, or bisexual was expressed by 23.0% as a reason for transition and subsequent detransition.

In another study of detransitioners and desisters [2] – most of whom were detransitioners who had undergone medical transition – 52% expressed a psychological need for learning to cope with internalized homophobia.

## REFERENCES

[1] Littman, L. (2021). *Individuals Treated for Gender Dysphoria with Medical and/or Surgical Transition Who Subsequently Detransitioned: A Survey of 100 Detransitioners*. *Arch Sex Behav*. [\[Link\]](#)

[2] Vandenbussche, E. (2021). *Detransition-Related Needs and Support: A Cross-Sectional Online Survey*. *Journal of Homosexuality*. [\[Link\]](#)

[View original post and share on social media.](#)