One study of detransitioners found that a large proportion of them believed, in hindsight, that they were suffering from internalized homophobia.

A study of 100 detransitioners [1] found that homophobia or difficulty accepting themselves as lesbian, gay, or bisexual was expressed by 23.0% as a reason for transition and subsequent detransition.

In another study of detransitioners and desisters [2] – most of whom were detransitioners who had undergone medical transition – 52% expressed a psychological need for learning to cope with internalized homophobia.

REFERENCES

[1] Littman, L. (2021). Individuals Treated for Gender Dysphoria with Medical and/or Surgical Transition Who Subsequently Detransitioned: A Survey of 100 Detransitioners. Arch Sex Behav. [Link]