In one study of detransitioners, around half believed that they received inadequate care.

The majority (55.0%) of detransitioners in a 100-participant study [1] felt that they did not receive an adequate evaluation from a doctor or mental health professional before starting transition.

A second study [2] of detransitioners and desisters – most of whom were detransitioners who had undergone medical transition – arrived at a similar, although slightly lower, figure, with 45% of detransitioners not feeling properly informed about the health implications of the accessed treatments and interventions before undergoing them.

REFERENCES

[1] Littman, L. (2021). Individuals Treated for Gender Dysphoria with Medical and/or Surgical Transition Who Subsequently Detransitioned: A Survey of 100 Detransitioners. Arch Sex Behav. [Link]


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