There has been a roughly twenty-fold rise in the number of people seeking transition, with teenagers hugely over-represented.

A 2017 paper [1] reports that "the prevalence of a self-reported transgender identity in children, adolescents and adults ranges from 0.5 to 1.3%, markedly higher than prevalence rates based on clinic-referred samples of adults."

This is reflected in data from gender clinics. The UK’s Gender Identity Development Service reported [2] a twenty-fold increase in referrals over the course of the last decade:
This surge was primarily driven by adolescents, with 15 being the most common age of referral:

Similarly, a Dutch gender identity clinic reported [3] a twenty-fold increase, albeit over a longer time span: from 34 in 1980 to 686 in 2015:
New Zealand [4], Finland [5] and Canada [6] have recorded similar dramatic exponential increases.

REFERENCES


