One study found that puberty blockers did not alleviate negative thoughts in children with gender dysphoria.

A British study [1] found that puberty blockers used to treat children aged 12 to 15 who have severe and persistent gender dysphoria had no significant effect on their psychological function, thoughts of self-harm, or body image.

However, as expected, the children experienced reduced growth in height and bone strength by the time they finished their treatment at age 16.

REFERENCES