



---

*One study found that puberty blockers did not alleviate negative thoughts in children with gender dysphoria.*

---

A British study [1] found that puberty blockers used to treat children aged 12 to 15 who have severe and persistent gender dysphoria had no significant effect on their psychological function, thoughts of self-harm, or body image.

However, as expected, the children experienced reduced growth in height and bone strength by the time they finished their treatment at age 16.

## REFERENCES

[1] Carmichael, P., Butler, G., Masic, U., Cole, T. J., De Stavola, B. L., Davidson, S., Skageberg, E. M., Khadr, S., & Viner, R. M. (2021). Short-term outcomes of pubertal suppression in a selected cohort of 12 to 15 year old young people with persistent gender dysphoria in the UK. *PLOS ONE* 16 (2). [\[Link\]](#)

[View original post and share on social media.](#)