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*One case study suggests that tucking can cause testicular torsion.*

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A case study [1] found that one transwoman had testicular torsion as a result of tucking.

Testicular torsion – the rotation of the testes and subsequent arterial constriction – can present as severe acute unilateral scrotal pain, nausea, and vomiting. If permanent ischemic damage results, delay in treatment may be associated with decreased fertility, or may necessitate orchiectomy [2].

## REFERENCES

[1] Debarbo, C.J.M. (2020). *Rare cause of testicular torsion in a transwoman: A case report. Urology Case Reports* 33. [\[Link\]](#)

[2] Sharp, V. J., Kieran, K. & Arlen, A. M. (2013). *Testicular Torsion: Diagnosis, Evaluation, and Management. Am Fam Physician* 88 (12): 835-840. [\[Link\]](#)

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