

In one survey, 50% of transwomen who tucked were concerned about negative health effects.

A survey [1] of transwomen who tucked (the process of reducing the visible male crotch bulge) reported that half were concerned about the health effects of tucking.

Their reported symptoms included itching (28%), rash (21%), testicular pain (17%), penile pain (14%), and skin infections (12%).

In addition, patients may be reluctant to seek medical care for testicular complaints and when they do, it may be already late to salvage the testis. [2]

REFERENCES

[1] Poteat, T., Malik, M., & Cooney, E. (2018). Understanding the health effects of binding and tucking for gender affirmation. Journal of Clinical and Translational Science 2 (Suppl 1), 76. [Link]

[2] Debarbo, C.J.M. (2020). Rare cause of testicular torsion in a transwoman: A case report. Urology Case Reports 33. [Link]

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