



In one study, two thirds of trans-identifying young people had one or more friends who were also trans.

Lisa Littman's 2018 study [1] found that 66.8% of adolescents and young adults who identified as trans belonged to a friend group where at least one other person became gender dysphoric and came out as transgender.

REFERENCES

[1] Littman, L. (2018). Rapid-onset gender dysphoria in adolescents and young adults: A study of parental reports. *PLOS ONE*, 13 (8). [\[Link\]](#)

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